

Cancer Causes **BIG** Feelings!

These are some big words for...

Sad

Heartbroken
Miserable
Depressed

Angry.

Enraged
Disgusted
Irritated

Scared

Terrified
Worried
Alarmed

Bored

Isolated
Fatigued
Powerless

If these words are not the right fit, a different word might work better. It's easier to handle big, hard feelings after finding the right name for them.

Make your own BIG Feelings Chart!


















