## Cancer Causes BIG Feelings!

These are some big words for...

Sad
Heartbroken
Miserable
Depressed

Angry Enraged Disgusted Irritated



Bored
Isolated
Fatigued
Powerless

If these words are not the right fit, a different word might work better. It's easier to handle big, hard feelings after finding the right name for them.

## Make your own BIG Feelings Chart!

